



## ***Welcome to our Newsletter***

Welcome back to another newsletter. We've been busy these last few months celebrating lots of birthdays, going on outings, enjoying plenty of activities and making the most of the sunny days whenever they come about.

As you'll see we've planted flowers and tidied up the garden to make it look nice ready for playing garden games and enjoying tea out on the patio. We also hosted a garden party recently, and it was lovely to see all our friends and family there. Unfortunately, the weather meant we weren't able to show off our gardening skills but it didn't stop us having an amazing time! We moved everything indoors and had a fabulous day, with lots of great food and entertainment. We hope you all had as much fun as we did!

We hope you appreciate our newsletter, and please send it on to your family and friends so we can share our home with everyone!



## Lots of Birthdays!

We've had plenty of birthdays over the last few months and it's been wonderful to share them all with you! We've had birthday lunches, afternoon teas and, of course, lots and lots of cake! We even got to celebrate our manager, Becky's, birthday recently! We hope you all had a fabulous time celebrating with us and enjoy these photos of everyone's special day!



## Out and About

We like to get out and enjoy regular trips into town whenever we can. Recently, we've enjoyed trips to the local shops, and a group of our residents also went out for lunch with some delicious food and lots to chat about.



## Respite Care

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a **dedicated respite room**. If you, or anyone you know would like to take advantage of this service, please call us on **01254 266020** — we will be pleased to help.



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## Getting Crafty

We like to keep busy, and provide plenty of daily activities for our residents. One of the ways we do this is with plenty of arts and crafts. We've been busy getting creative, and have even made our own jewellery!



## Room Available

*We currently have a beautifully decorated and comfortable room available at Birchfield. If you or anyone you know would like to arrange a visit, please call us on 01254 266020*

## Evenings Together

We like to get together in the evenings for film nights and some lovely food. We've recently enjoyed popcorn and a movie, hot chocolate and a charcuterie evening!

## Daily Activities

One of our favourite activities is playing games together in the lounge. We definitely like to get into the competitive spirit! Dominoes is always a popular classic, and you can regularly find us enjoying a game and having a chat. Jenga is also a popular choice and it's always fun to watch everyone get involved.



## ***Daily Activity Plan***

***Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.***

***Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.***

Our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

*Our regular **Afternoon Tea** is still being held every other Wednesday for our residents and we look forward to inviting you to join us again as soon as it is safe to do so!*

## ***In-House Entertainment***

***We are continuing to provide a variety of activities 'in-house' including themed afternoons as well as re-introducing our external entertainers***

***Reminiscence time in groups and individually***

***Card Games and Quizzes***

***Pampering Afternoons***

***Arts and Crafts***

***Flower Arranging***

***Musical Movement and Exercise Sessions***

***Film Afternoons***

## ***Feedback***

*We welcome your feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.*

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