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## **Welcome to our Newsletter**

Spring is well and truly here and our gardening club have been busy preparing, potting and pruning and we have high expectations for a colourful display this year. Our residents have also been creating some wonderful flower arrangements for our home and we're also continuing with our regular redecorations and refurbishments.



Becky Jackson, Manager

We're also delighted to welcome our new Registered Manager, Becky Jackson and her Deputy Annemarie Tommany who took up their posts recently.

Becky has a strong background in residential care working her way up from care assistant to Registered Manager for Lancashire County Council over a period of 19 years. She is thrilled to join us as the leader of our care team and has some wonderful plans for Birchfield which she feels is a very person centred home with a great staff team. When we asked her what she felt people most appreciate about her she said she had been told she is approachable, straight talking, strong minded and committed. Becky feels it's very important to make a difference to people's lives and her job is her passion, not just her employment. In her spare time, she enjoys spending time with her two sons, Aaron and Toby, and her husband Gary. She has a very supportive extended family and they are all very close.



Annemarie Tommany,  
Deputy

Annemarie has worked in care for over 14 years and you will probably recognise her as she has been with us at Birchfield for the past 4. With a proven track record she is caring and supportive and has deservedly received her promotion to Deputy Manager. She likes to spend quality time with her family and enjoys travelling, caravanning, history, reading and museums as well as socialising whenever her pastimes allow.

## ***Flower Arrangements***

Our residents regularly take time to arrange some beautiful fresh flowers for our home and take pride in their creations.

It's lovely to see them dotted around the home and adding a splash of colour and pleasure to everyone's day.



## ***Garden Games***

With the lovely weather we had recently our residents took the opportunity to take their game of bingo outside so that they could enjoy the garden and the sunshine at the same time!

## ***Gardening Club***

Our residents love our gardens and thoroughly enjoy the start of Spring when they can get out into the fresh air and plant the pots ready for Summer. It's lovely to be able to watch them shoot and flower into beautiful displays for everyone to enjoy.



Find us on  
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## Senior Fitness

The lovely James from Senior Fitness had us all laughing and exercising again in April—thanks James, for keeping us on the move!

## Hairdressing



Everyone deserves a bit of pampering now and again and our residents enjoy regular sessions with our in-house stylist. It's just what we need to perk ourselves up and get ready for the warmer weather.

## Easter Fun

We've been enjoying looking back at our Easter weekend. Our staff decorated our home beautifully and we all enjoyed the sunshine with tea in the garden. We hope you all enjoyed the Easter break as much as we did!



## Respite Care

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a **dedicated respite room**. If you, or anyone you know would like to take advantage of this service, please call Becky on **01254 266020** — who will be pleased to help.



## Room Available

*We currently have a beautifully decorated and comfortable room available at Birchfield. If you or anyone you know would like to arrange a visit, please call us on **01254 266020***

## ***Daily Activity Plan***

***Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.***

***Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.***

Our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

*Our regular **Afternoon Tea** is still being held every other Wednesday for our residents and we look forward to inviting you to join us again as soon as it is safe to do so!*

## ***In-House Entertainment***

***We are continuing to provide a variety of activities 'in-house' including themed afternoons as well as re-introducing our external entertainers***

***Reminiscence time in groups and individually***

***Card Games and Quizzes***

***Pampering Afternoons***

***Arts and Crafts***

***Flower Arranging***

***Musical Movement and Exercise Sessions***

***Film Afternoons***

## ***Feedback***

*We welcome your feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.*

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