



Birchfield
Luxury Residential Care Home

Newsletter
Autumn 2020
Issue 39

Welcome to our Newsletter

As we move back into lockdown, it's important that we all do our civic duty in keeping each other safe. In line with the guidance, we are currently closed to visitors including window and garden visits and we appreciate your understanding and support. In the meantime, we are continuing to offer 'virtual' visits in the form of video and telephone calls.

Our residents have been enjoying many of their usual activities as well as Pizza Day, chippy dinners, music, films, quizzes and pampering sessions—we tried to take photos for you but we didn't want to interrupt the fun!

As always, we hope that our newsletter will reassure you and brighten your day.

New Beginnings

At the end of October, we said goodbye and good luck to our Deputy Manager, Janine, who has been with us for over four years. She has now embarked upon a new career and will be missed very much by all the residents and staff.



Remembrance Day

As we always do, we remembered the fallen with pride on 11th November. Our residents wore their poppies and chatted about those they knew who had lost their lives in the line of duty. It was a poignant day for everyone.



Keeping Fit!

For weeks now during lockdown, Alisha has been putting her best foot forward and running regular, weekly exercise sessions for our residents—there has been quite a bit of banter and laughter going on as well as the exercises. Well done Alisha, for keeping us all on our toes!



Keep Celebrating!

We try to find something to celebrate every day and recently it's been very easy!

Our resident, Nan, celebrated her 101st birthday with us and enjoyed a special homemade cake—we hope you had a terrific day!

Our residents have also been keeping the home beautiful with fresh flower arrangements—thank you everyone for lifting our spirits with your wonderful floral creations, they look a smell fantastic!





Happy Halloween!

*When witches go riding,
And black cats are seen.
The moon laughs and whispers,
'Tis near Halloween!*

There may have been no Trick or Treating going on, but that didn't stop our residents from getting into the spirit of things with carved pumpkins, masks and lots of laughter!

And then comes...!

Yes, we're already starting to trim the tress and deck the Halls. We've found there's nothing like a brightly decorated tree to make us all smile—that's one tree down, three more to go!



Respite Care

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a **dedicated respite room**.

If you, or anyone you know would like to take advantage of this service, please call Emma on **01254 266020** — we will be pleased to help in any way that we can.



Find us on
Facebook

Keep up to date with all the comings and goings at Birchfield by following us on Facebook—just search for “[Birchfield Residential Care Home](#)”!

A Welcome Gift

Eileen and Gillian have been spoiling our staff with this lovely gift... preparing us for the winter months. Thank you both very much for your kindness!



Daily Activity Plan

Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.

Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.

Our **hairstylist** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

Our regular **Afternoon Tea** is still being held every other Wednesday for our residents and we look forward to inviting you to join us again as soon as it is safe to do so!

In-House Entertainment

Whilst Covid-19 restrictions are in place we are continuing to provide activities and entertainment 'in-house' and these include:

Reminiscence time in groups and individually

Card Games and Quizzes

Pampering Afternoons

Arts and Crafts

Flower Arranging

Musical Movement and Exercise Sessions

Film Afternoons

Feedback

We welcome your feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.

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