



*Birchfield*  
Luxury Residential Care Home

**Newsletter**  
**Spring 2020**  
*Issue 37*

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## ***Welcome to our Newsletter***

During these unusual times, we've all been working hard to maintain an optimistic and happy outlook within our home. We are encouraging our residents to take part in as many activities as possible and hope that this newsletter will reassure you that life here is continuing as normally as possible.

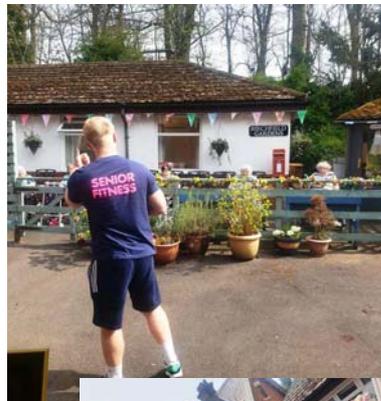
### ***Flower Arranging***

Our residents love arranging the flowers for our home. It's a great way to sit and have a chat—with the added bonus that our home is always full of lovely flowers!



### ***James!***

Everyone was thrilled when James arrived one sunny afternoon and led our fitness less from the other side of the fence. He is continuing to do this and it really brightens our day—thanks James!



## ***Bingo Afternoon***

Our latest Bingo afternoon was great fun—here are some of our lucky winners! The games were thoroughly enjoyed by all our residents and were hosted by our fabulous staff members, Alisha, Sam and Nas.



## ***Hairdressing!***

When the hairdresser can't come into Birchfield—we open up Alisha's Salon! Thanks Alisha, we have lots of happy residents thanks to your efforts.



## ***Mexican Themed Day***

Our resident recently enjoyed a Mexican Day. This is a new monthly event at Birchfield where we will have a themed day on the last Friday of each month to taste different food and decorate our home with props from the chosen country.



## ***Two Special Visitors***

Indy and Willa came to say hello to our residents (before lockdown) — but first they needed a little rest.

## *Messages from our Residents*

Our residents wanted to reassure their family and friends that they are safe and well during these unprecedented times.



## *Respite Care*

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a ***dedicated respite room***.

If you, or anyone you know would like to take advantage of this service, please call Emma on **01254 266020** — we will be pleased to help in any way that we can.

 Find us on  
**Facebook**

Keep up to date with all the comings and goings at Birchfield by following us on Facebook—just search for “[Birchfield Residential Care Home](#)”!

## *Afternoon Tea*

Our residents enjoyed Afternoon Tea with a lovely selection of cream cakes, sandwiches and other afternoon tea options. Here are just a few pictures of what was served—it was a lovely occasion.



## ***Daily Activity Plan***

***Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.***

***Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.***

Our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

*Also, don't forget that our regular **Afternoon Tea** is held every other Wednesday and we welcome you to join us!*

## ***Upcoming Events***

### **Country Themed Day**

29th May

### **Queens Official Birthday**

13th June

### **Royal Ascot—Hats & High Tea**

16th to 20th June

### **Father's Day**

21st June

### **Summer Fair**

18th July—2pm

### **Themed Day**

31st July

*Please keep an eye on the notice board for updated information as some activities may be postponed dependent upon the current government guidelines*

## ***Feedback***

*We welcome your feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.*

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